

Moffat Mountain Rescue Team
11th Charity Challenge
Sunday, 13th June 2010
Landranger Map 78 & 79
Moffat Hills, Dumfries & Galloway



Terms of Entry

I/We wish to enter the Moffat Mountain Rescue Team (MMRT) Charity Challenge and understand that this team will not be held responsible for any personal injury or loss arising as a result of participation in this event. (*Adults will sign on behalf of all children under 16 years of age and will be responsible for them and their personal safety throughout this event.*). I/We will not bring a dog on these walks.

I/We agree to **raise minimum sponsorship of £10 per person for Moffat Mountain Rescue Team**. All other sponsorship monies raised may be given to Moffat Mountain Rescue Team or to the charity/charities of my/our choice. It is my/our responsibility to ensure my/our chosen charity receives their donation.

Gift Aid Declaration—Beat the Tax Man!

The Inland Revenue currently allow tax to be reclaimed by MMRT as a charity from donations made by taxpayers.

If you wish the charity to treat your donation as a Gift Aid Donation please tick the box beside your signature. You need to take no further action and will not be contacted by the Inland Revenue.

Moffat Mountain Rescue Team - Charity Challenge Walk - 13th June 2010

Adult <input type="checkbox"/>	Adult/Child <input type="checkbox"/>
Adult/Child <input type="checkbox"/>	Adult/Child <input type="checkbox"/>
Adult/Child <input type="checkbox"/>	

More information on Charity Challenge Walks and downloadable entry form on the Moffat Mountain Rescue Team web site
www.MoffatMRT.org.uk

Enquiries — e-mail challenge@moffatmrt.org.uk

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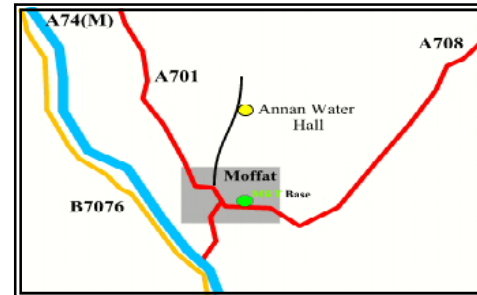
Welcome to the 11th Challenge

There are 3 walks around Annan Water valley including a new walk from the Devil's Beef Tub.

All walks are marshalled by team members and marked with flags or tape at intervals. Suitable boots and clothing should be worn on all walks.

Walkers must

- register before the start and
- **report** to the finish **before going home**.
- *Barbecue and refreshments will be served at the finish (Annan Water Hall, (GR NT 075103).*



Walk 1—Devil's Beef Tub

Guided and Suitable for Families

Parking: Moffat Town Centre car parks

Register: Moffat Mountain Rescue Post at The Holm at 9 am for 9.30 am start.

Route: Bus to Devil's Beef Tub—Short ascent of Ericstane Hill, then descend all the way to Station car park following the way marked and recently opened Annandale Way

Terrain: Road and track

Details: 9k (5.58 miles) with approx 69m (207ft) climb. Approx 2½ hours.

Description: By bus to the top of the Devil's Beef Tub thereafter a short climb followed by a long gentle descent to the Annan Water and along the valley into Moffat. A relatively gentle walk for all ages mainly on tracks with some road walking.

Walk 2

Hartfell Summit

Parking: field opposite Annan Water Hall

Register: Annan Water Hall by 10 am.

Route: Annan Water Hall - via Newton Farm, Bill Cleugh Moor, Arthur's Seat to Hartfell Summit. Return by Well Rig.

Terrain: Short grass track, some boggy areas.

Details: 11.6K (7.2 miles) with 665m (2180 feet) climb. Approx 4 hours.

Description: Medium, long steady ascent, for those new to hill walking, including older children and adults.

Walk 3

White Coomb from Carrifran

Parking: Moffat Town Centre car parks

Register: Moffat Mountain Rescue Post at The Holm at 9 am for 9.30 am start.

Route: By bus to Carrifran—ascend ridgeline to Carrifran Gans—Coomb Craig—White Coomb summit—Lochcraig Head—Rotten Bottom—Hartfell Rig—Hartfell Summit. From Hartfell join walk 2 back to Annan Water hall for well earned refreshments.

Terrain: Rough grass with boggy sections, indistinct path in places.

Details: 16.9k (10.5 miles) with approx. 1042m (3404 ft) climb; Approx. 6 hours.

Description: A big walk requiring fitness & stamina to complete a long day in the hills.

For further information contact:

Garry Tait
01683 221154

e-mail
challenge@moffatmrt.org.uk
 or
 visit **www.MoffatMRT.org.uk**

Sponsorship Form

Total Collected	£	Entrant Name and address
Moffat Mountain Rescue	£	
Chosen Charity	£	
Name of Charity		
Many thanks for your support		

Any part of this form may be photocopied for convenience

Name	Donation	Name	Donation
Address	£	Address	£
Name	Donation	Name	Donation
Address	£	Address	£
Name	Donation	Name	Donation
Address	£	Address	£
Name	Donation	Name	Donation
Address	£	Address	£
Name	Donation	Name	Donation
Address	£	Address	£
Name	Donation	Name	Donation
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Name	Donation	Name	Donation
Address	£	Address	£
Name	Donation	Name	Donation
Address	£	Address	£
Name	Donation	Name	Donation
Address	£	Address	£

Please send completed sponsor forms and money to Garry Tait. 15, Annandale Way. Moffat. DG10 9DF
Cheques should be made payable to: "Moffat Mountain Rescue Team"

Entry Form

Please complete in **BLOCK LETTERS**, remembering to state which Walk is being undertaken.
Forms may be handed in on the day of walk, **early return ensures T shirts will be available on the day.**

Entry Fee (includes T-shirt for all entrants)

£6 per person (adult or child)

All children under 16 years of age must be accompanied by an adult. Please send the completed entry form and cheque to Garry Tait. 15, Annandale Way. Moffat. DG10 9DF Tel number 01683 221154 Cheques should be made payable to "Moffat Mountain Rescue Team"

*Delete as appropriate: @ e-mail address:			
Adult	Walk Number:	*Adult/Child	Walk Number:
First Name		First Name	
Surname		Surname	
Date of Birth		Date of Birth	
Address		Address	
Post Code		Post Code	
Relevant Medical Conditions		Relevant Medical Conditions	
T-Shirt Size	L M S (circle req'd size)	T-Shirt Size	L M S (circle req'd size)
*Adult/Child	Walk Number:	*Adult/Child	Walk Number:
First Name		First Name	
Surname		Surname	
Date of Birth		Date of Birth	
Address		Address	
Post Code		Post Code	
Relevant Medical Conditions		Relevant Medical Conditions	
T-Shirt Size	L M S (circle req'd size)	T-Shirt Size	L M S (circle req'd size)
*Adult/Child	Walk Number:	Emergency Contacts	
First Name		Name	
Surname		Telephone Number	
Date of Birth		Name	
Address		Telephone Number	
Post Code		Name	
Relevant Medical Conditions		Telephone Number	
T-Shirt Size	L M S (circle req'd size)	Name	
		Telephone Number	