



The 2023 Challenge offers a total of 4 walks leaving from Moffat and exploring the fabulous Moffat Hills, taking place on Sunday 11th June 2023, we would be delighted for you to join us. Each walk has been chosen by team members to provide something for everyone, and we encourage you to study the map of each walk to understand the requirements for each route.

Your ticket cost includes a limited edition Moffat MRT t-shirt and refreshments! The entry fee is £10 per person or a family ticket can be purchased for £20 (Up to two adults + up to 4 children under the age of 16). There is a minimum sponsorship amount of £10 per person taking part in the Charity Challenge.

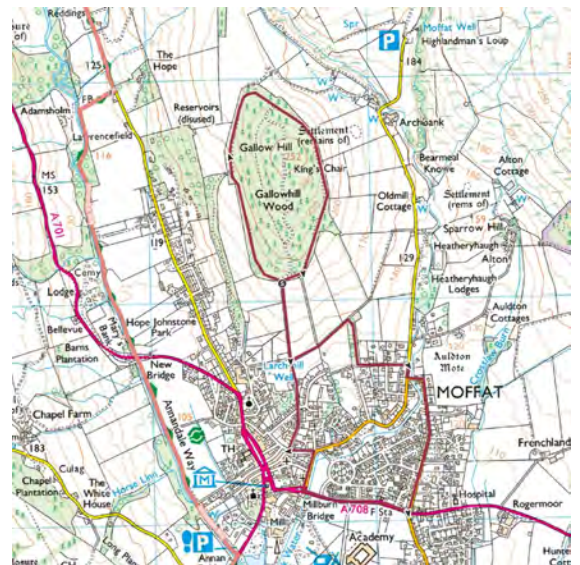
The routes will cross farmland and so we are unable to accommodate dogs on any of this year's routes.

Walk 1

Starting from the Mountain Rescue Team's base in Moffat, walk past the Fire station and then turn right following the quiet streets northwards towards Gallow Hill.

The walk makes a circuit of the hill through the Community Woodland on rough but easy tracks before returning back to Moffat and the Team's base.

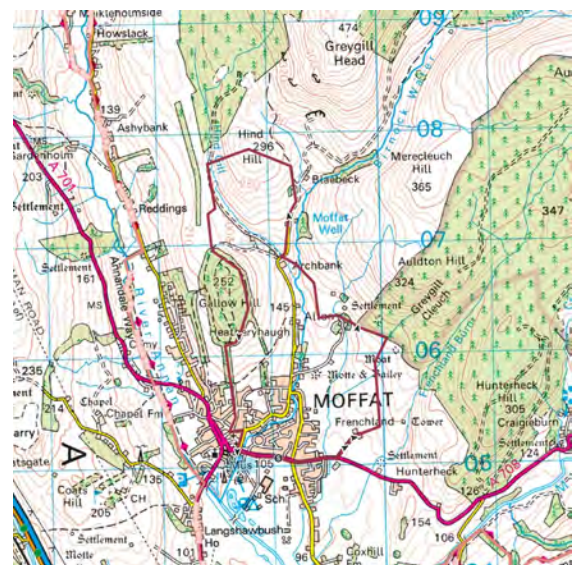
5km 120m ascent; estimated time 2-2.5 hours



Walk 2

From the Mountain Rescue Team's base follow the A708 eastwards until just beyond the last of the houses. The route then heads towards Frenchlands farm and onto open ground and farmland towards Archbank. Near Blaebek farm, the route heads onto open hillside and climbs Hind Hill to the summit. A rougher descent on grass takes you back to the tracks around Gallow Hill and a descent to Moffat.

8km 260m ascent; estimated time 2.5 to 3.5 hours



Walk 3

A walk that takes you onto the higher tops around Moffat. Initially through farmland by Frenchlands and then a longer climb beside forestry plantation over Auldton Fell before a steeper climb to the high point of the day Swatte Fell (a Donald).

From there it is largely downhill over Blue Cairn, a short re-ascent over Hind Hill and back to Moffat Base via the woodlands of Gallow Hill.

18km 660m ascent; estimated time 5.5 to 6.5 hours

Walk 4

The longest of the walks with the most metres of ascent, takes you onto the highest hills around Moffat. Transport will be provided to take walkers to the start at Carrifran Woodland.

A steep climb up through the reforested slopes of Carrifran Gans then onto White Coomb (a Corbett and the highest hill in the area). Staying on high ground you traverse around the head of the Carrifran Glen to Hartfell (another Corbett).

The final section takes you over Swatte Fell, Hind Hill and around Gallow Hill to finish back at the Moffat Base.

A more challenging high-level walk that should appeal to those wishing to explore the higher tops around Moffat knowing the route will be flagged.

22km 1100m ascent; estimated time 6.5 to 7.5 hours



Please sign up using the online Eventbrite link on the webpage or alternatively download and complete the paper form and please return to the Moffat MRT Base at the address on the 'Contact Us' page of the website. www.moffatmrt.org.uk