



MOFFAT MOUNTAIN
RESCUE TEAM

2025 Charity Challenge

Registration Form

Introduction

The 2025 Challenge offers a total of 4 walks exploring Wamphray Glen and the fabulous surrounding hills, taking place on Sunday 8th June 2025. We would be delighted for you to join us.

Each walk has been chosen by team members to provide something for everyone, and we encourage you to study the map of each walk to understand the requirements for each route.

Your entry fee includes a limited edition Moffat MRT t-shirt and refreshments! The entry fee is £10 per person or a family entry can be purchased for £20 (Up to two adults + up to 4 children under the age of 16). There is a further minimum sponsorship amount of £10 per entry.

The routes will cross farmland and so we are unable to accommodate dogs on any of this year's routes.

The Challenge!

All participants will need to meet for registration at Moffat MRT base on 8th June at 09:30hrs.

Walk 1: 1.5Km in distance, approx 1hr 45mins. 42m ascent, 4m descent.

A family friendly medieval knight walk through ancient semi-natural woodland owned by the Crown Estate in Wamphray Glen. Suitable for young children, although please be aware much of the route is through woodland and beside a small burn. Towards the end of the route you pass the earthwork remains of a 12th century motte and bailey fortification.

Walk 2: 9km in distance, approx 3hrs. 441m ascent, 426m descent.

Poldean to Moffat via Craig Fell. A longer route than Walk 1 but a good introduction to the hills south of Moffat. Transport will be provided to the start near Poldean. Over fields to Dry Linn and follow edge of water course onto Gallatae. Then NE direction to the high points of Craig Fell and Glengap Head, 479m high. The descent from Glengap Head takes in the lower tops of Pinnacle Hill and Breckonside Hill then down to the road skirting by the remains of the old tower at Breckonside.

Walk 3: 11.8Km in distance, approx 3hrs 40mins. 442m in ascent, 476m descent.

Wamphray Glen to Breckonside via Craig Fell. The first of our longer routes with more distance and climb than Walk 2. A short stretch of minor road takes you to Leithenhall where you start your climb up to the first high point of Turf Hill. Follow the high ground round to a col at Gallatae. Then NE direction to the high point of Craig Fell, 479m high, followed by Glengap Head, also 479m. There is one last short climb over Pinnacle Hill followed by Breckonside Hill and down to the road skirting by remains of the old tower at Breckonside.

Walk 4: 19.7Km, approx 5hrs 20mins, 449m ascent, 496m descent.

Wamphray Glen to Moffat via Craig Fell. The longest route of the day sharing some of the route used by Walk 3 but finishing in Moffat via the Southern Upland Way. A short stretch of minor road takes you to Leithenhall where you start your climb up to the first high point of Turf Hill. Follow the high ground round to a col at Gallatae and then climb up to Craig Fell. Then over Glengap Head and Wintergill Head at 539m, your high point of the day. After a short dog leg to Scaw'd Fell 549m, your high point of the day, descend northwards to pick up forestry tracks through woodland and onto the Southern Upland Way. Go westwards for 4.5km until you reach the minor road near Craigbeck. Your final section is across fields and then minor road back to Moffat MRT base.

Detailed information on the routes above are available on our website, which you can access at <https://moffatmrt.org.uk>, or by scanning the QR code with your smartphone:





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Registration Form - 2025 Moffat Mountain Rescue Team Charity Challenge

Forms may be handed in on the day of the event, **however, an advance return of the form ensures that a T-Shirt will be available on the day.**

Please complete one form for each person entering the event in **BLOCK CAPITAL LETTERS**:

Your Details

Prefix (Mr, Mrs, etc.)		Full Name:	
Gender:		Age:	
Home Phone Number:		Mobile Phone Number:	
Home Address:			
Name and telephone number of Emergency Contact:			

Your Preferences

Specify T-shirt size and type:		<input type="checkbox"/> Mens	<input type="checkbox"/> Womens	<input type="checkbox"/> Children's
	<input type="checkbox"/> X-Small	<input type="checkbox"/> Small	<input type="checkbox"/> Medium	<input type="checkbox"/> Large
	<input type="checkbox"/> X-Large	Other:		
Please detail any known and relevant medical conditions:				
Which walk are you registering for:	<input type="checkbox"/> Walk 1	<input type="checkbox"/> Walk 2	<input type="checkbox"/> Walk 3	<input type="checkbox"/> Walk 4

Terms of Entry

I/We wish to enter the Moffat Mountain Rescue Team (MMRT) Charity Challenge and understand that MMRT will not be held responsible for any personal injury or loss arising as a result of participation in this event.	<input type="checkbox"/> Yes
I/We agree to raise the minimum sponsorship of £10.00 per entry for MMRT. (See our website for JustGiving details, donate at our Base or on the day).	<input type="checkbox"/> Yes
I/We understand that no dogs are allowed to be brought to the event, the land used is farming country.	<input type="checkbox"/> Yes
I/We understand that photographs may be taken by the team for publicity purposes.	<input type="checkbox"/> Yes
I/We agree that all children under 16 years of age will be accompanied by an appropriate adult.	<input type="checkbox"/> Yes
Moffat MRT would like to keep you informed about team events and the work the team does by e-mail and/or mail is this ok?	<input type="checkbox"/> Yes

Signed Name (Please Print).....



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Should you wish to contact someone please call Garry Tait 01683 221154 or e-mail challenge@moffatmrt.org.uk

Sponsorship Form

Participant Name:		Total Collected:	£
Address:		To Moffat MRT:	£
		To other charities:	£
		Name of any other charities:	

If I have ticked the box headed 'Gift Aid?', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want Moffat Mountain Rescue Team (MMRT), or charities named above to reclaim tax on the donation detailed below, given on the date shown.

I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Remember: You must provide your full name, home address, postcode & '✓' Gift Aid for MMRT to claim tax back on your donation!

Name	Sponsor's Home Address (Only needed if ticking 'Gift Aid')	Postcode	Amount £	Gift Aid?	Date Paid

Additional table on the next page.

Please send completed forms to Garry Tait, Moffat Mountain Rescue Team, Holm Road, Moffat, DG10 9JU. Cheques should be made payable to **Moffat Mountain Rescue**.

Further Information on the Charity Challenge walks and routes can be found along with downloadable entry forms from our team website www.moffatmrt.org.uk

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